

## Unit 3: Effective Listening & Conflict Resolution

**Unit #:** APSDO-00020369  
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**Grade(s):** 7  
**Subject(s):** School Counseling  
**Course(s):** GR. 7 - SCHOOL COUNSELING

### Unit Focus

In this unit, students will learn about factors that influence individual attitudes and behaviors and the importance of interpersonal skills. Students will develop skills to communicate effectively, learn how to make good decisions, and resolve conflicts.

### Stage 1: Desired Results

Established Goals	Transfer		
<p><b>Standards</b></p> <ul style="list-style-type: none"> <li>• Avon School Counseling Standards (CT 2020)               <ul style="list-style-type: none"> <li>◦ <i>School Counselling</i> <ul style="list-style-type: none"> <li>▪ <b>ACADEMIC DEVELOPMENT</b> <ul style="list-style-type: none"> <li>▪ Demonstrate skills for effective learning and achieving school success. (A1)</li> <li>▪ Demonstrate an understanding of the habits of mind of an engaged student in relation to all aspects of their lives. (A3)</li> </ul> </li> <li>▪ <b>SOCIAL/EMOTIONAL DEVELOPMENT</b> <ul style="list-style-type: none"> <li>▪ Demonstrate an understanding of how individual actions can impact relationships, environments, and influence other people. (SE1)</li> </ul> </li> </ul> </li> </ul> </li> </ul>	<p><i>What kinds of long-term, independent accomplishments are desired? Students will be able to independently use their learning to...</i></p> <p>T1 (T4) Communicate effectively based on purpose, task, and audience.</p> <p>T2 (T1) Use self-knowledge in order to develop effective decision making skills, create meaningful goals, and identify positive attributes.</p> <p>T3 (T2) Advocate based on personal needs (academic, behavioral, emotional, and physical) to determine a thoughtful course of action.</p>		
	Meaning		
	Understanding(s)	Essential Question(s)	
	<p><i>What specifically do you want students to understand? What inferences should they make? Students will understand that...</i></p> <p>U1 (U4) There is often more than one solution to a problem, but the right solution depends upon the situation.</p> <p>U2 (U6) The way people express themselves has a significant impact on the quality of their work and interactions with others.</p>		<p><i>What thought-provoking questions will foster inquiry, meaning making, and transfer? Students will keep considering...</i></p> <p>Q1 (Q06) When do I feel left out? What do I do to feel more included?</p> <p>Q2 (Q13) How do I share my point of view?</p> <p>Q3 (Q14) How do my words and actions influence my connection with others?</p>
	Acquisition		
	Knowledge	Skill(s)	

	<i>What facts and basic concepts should students know and be able to recall? Students will know...</i>	<i>What discrete skills and processes should students be able to use? Students will be skilled at...</i>
	K1 The definition of effective listening K2 What conflict resolution is	S1 Identifying and applying effective and appropriate conflict resolution skills S2 Using effective decision making skills that lead to positive interpersonal relationships S3 Identifying and demonstrating how one communicates with varied audiences S4 Identifying at least one strategy/skill to demonstrate effective listening skills S5 Identifying at least one strategy to resolve conflict in a productive manner